

D0145: Oral Evaluation of Children Under Three Years by Medical Providers

Oral health is an important component of MaineCare's Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) program. In an effort to ensure that young children receive the oral health care they need, MaineCare now allows medical providers to bill D0145 (oral evaluation for children under three years) with D1206 (fluoride varnish application).

What constitutes an oral evaluation billable by medical providers to MaineCare, using D0145?

The oral evaluation conducted by a medical provider must comprise all of the following four components and must be documented in the patient's record, according to each practice's policy:

- 1) Question about the existence of a current primary dentist/dental home.⁽¹⁾
- 2) Risk screening questions based on oral health history (may be performed by clinical support staff).
- 3) Risk assessment of mouth and teeth performed by licensed provider (see table below for details).
- 4) Oral health plan, which includes parent education about importance of establishing a primary dentist/dental home for the child, and referral to a dentist (when possible).

Based on this oral evaluation, the presence of one or more risk factors (including lack of dental home) constitutes a moderate/high risk for early childhood caries.

CDT	Description of Service	Screening Tool	Eligible Members	Eligible Medical Providers	Limits	Rate ⁽²⁾
D0145	Oral evaluation for a patient under three and counseling with primary caregiver	Maine's Oral Health Risk Assessment (OHRA) Tool	Children under three years who have not seen a dentist in the past year	<ul style="list-style-type: none"> Physicians Nurse Practitioners and Physician Assistants in a Physician Practice Nurse Practitioners in independent practice 	Twice per calendar year	\$20.00
D1206	Fluoride Varnish	N/A	Children at moderate/high risk for caries	<ul style="list-style-type: none"> Physicians Nurse Practitioners and Physician Assistants in a Physician Practice Nurse Practitioners in independent practice 	Twice per calendar year ⁽³⁾	\$12.00

Notes:

- (1) The medical provider is required to ask if the child has seen a dentist in the past year to determine if child has a primary dentist/dental home. If the child has seen a dentist in the past year and/or has a dental home, the provider should not submit a claim to MaineCare for the oral evaluation (D0145).
- (2) Federally Qualified Health Centers (FQHC), Rural Health Centers (RHC) and Indian Health Services (HIS) are to use these codes for encounter purposes; reimbursement for the visit will continue to be paid at the core rate for these practices.
- (3) A third fluoride varnish application is allowed during the calendar year if the member has a) a high rate of caries or b) new restorations placed in the previous eighteen (18) months. Children older than three years may receive fluoride varnish by an eligible medical provider twice in a calendar year with at least 150 days between applications. A Prior Authorization (PA) may be needed for additional applications.

The payment rates for these services can be found in the MaineCare Provider Fee Schedule at:
<https://mainecare.maine.gov/Provider%20Fee%20Schedules/Forms/Publication.aspx>